












# Health and recreation








The park will be a retreat in the heart of the city that promotes healing and wellness through a strong connection to nature. The park will have something for everyone and will become a new setting for Brisbane's relaxed, outdoor lifestyle with a range of formal and informal spaces and activities.

Outdoor activities, adventures, community sporting facilities and amenities will cater to people of all ages and abilities, inspiring active lifestyles. The park offers a natural experience in the city; somewhere people can reconnect with nature as part of maintaining their mental and physical health and wellbeing.

## Key spatial moves

-  **Consolidate community sports**  
Create a consolidated sports precinct. This includes a rugby-sized sports field, 20 cricket nets, four tennis courts and one multi-purpose court, along with equipment storage facilities and an amenities block.
-  **Provide areas for inclusive play**  
Introduce accessible and inclusive destination play spaces to connect children and families with nature and water.
-  **Introduce a park running trail (5 km circuit)\***  
Formalise a park running loop that starts and finishes at the parkland arrival plaza.
-  **Introduce a parkway loop (2 km circuit)**  
Formalise a comfortable running, walking and cycling loop along the parkway with links to Brisbane's broader active transport network.
-  **Maintain the driving range as a key activity**  
Continue to operate the existing golf driving range as an important activator of the park.
-  **Retain putt putt as a key attraction**  
Keep the existing putt putt as a key attraction for the park.
-  **Centenary Pool**  
Continue to operate Centenary Pool as an iconic facility at Victoria Park / Barrambin.
-  **Deliver a nature water play gully**  
Create a natural gully where water flows and visitors can explore and play.
-  **Create spaces for quiet reflection**  
Introduce a variety of sanctuary spaces within the park for quiet reflection and immersion in nature.
-  **Provide ample public amenities**  
Locate accessible toilets at convenient and key positions through the park.
-  **Provide new community dog parks\***  
Deliver new dedicated small and large dog off-leash area near Kelvin Grove

-  **Offer new cycle experiences**  
Add an urban pump track to the northern parkland near Herston Road.
-  **Create the Spring Hill Common**  
Formalise a flat, open area with stepped seating, fringing shade, and room for active play and recreation at Spring Hill.
-  **Introduce Adventure Valley**  
Add mountain biking trails and a high ropes course with varying degrees of difficulty as exciting activities.
-  **Create healing/sensory gardens**  
Establish areas of plants that stimulate the senses with an array of fragrances, sounds, colours and textures.
-  **Encourage managed community edible gardens**  
Build a community garden where local residents and visitors can grow food and share their interest.

## Other actions

- Facilitate electric/shared bicycle usage**  
Encourage visitors to ride their own bikes. Alternatively, provide facilities for visitors to borrow or hire from bike share stations across the park.
- Allow for formalised nature-based activities**  
Enable formalised outdoor activities that make use of the natural landscape, such as cross-country running and orienteering.
- Offer ample picnic spots**  
Provide picnic spaces and amenities across the park.



Figure 8 Health and recreation strategy – key spatial moves

\* Subject to resolution of tenure with Department of Transport and Main Roads.